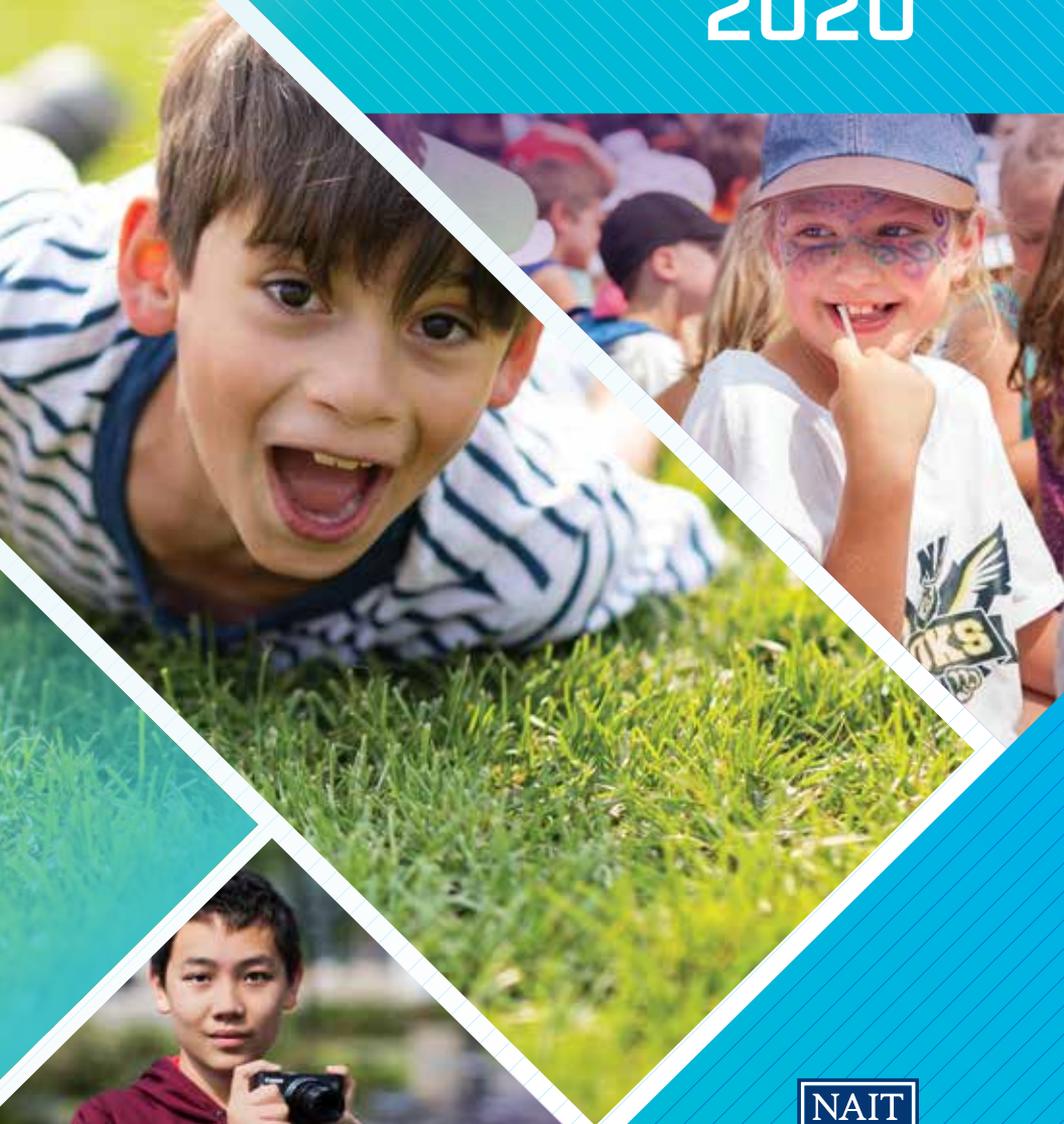


# summer camps 2020



# important info & contacts



sign in /  
sign out

parking

← How to get to parking

- Information
- Student Service Centre
- one AT NAIT
- Public and Student Parking
- Staff Parking
- Motorcycle Parking
- Bike Lockers
- ETS Station
- Bus Stop
- Pick-up/Drop-off

## Intramurals/Summer Camps Coordinator

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## Badminton

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## Events Coordinator

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## Registration

To register online visit [nait.ca/youthcamps](http://nait.ca/youthcamps) or visit Campus Recreation Services.  
0117 | 780.471.7713 | [recreation@nait.ca](mailto:recreation@nait.ca)

**Note:** payment in full must accompany registration.

## Sign In and Sign Out

Parents or guardians must sign in and sign out their child each day.

- For sport camps (badminton and volleyball/basketball combo), recreation camps and career pathway camps, please report to the front of the gymnasium doors (E-124).
- For hockey camps, please report to the arena (S-221).

Free child care is available 15 minutes BEFORE and 15 minutes AFTER camp each day. **Early drop-off is not available for hockey camps.**

Should you require extra supervision outside of these times, you will be charged a fee which must be paid in advance with registration.

## Fees

\$17/week for early drop-off starting at 7:30am

\$17/week for after camp pick-up until 5:00pm

\$30/week for both (early drop-off and after camp pick-up)

**Note:** prices are subject to change.

## Be Prepared for Activities

All children must be prepared for all activities on the first day. Swimwear and a towel are required. For outdoor activities, participants require their own sunscreen, water bottle, hat, insect repellent and proper weather attire. Snacks, sunscreen, insect repellent and medications will not be shared between children for allergy, health and safety reasons.

## Cancellation Policy

All cancellation requests must be received in writing via email at [recreation@nait.ca](mailto:recreation@nait.ca) and are subject to the following conditions:

- Cancellations received more than five working days prior to the start of each camp/program will be refunded the registration fee less a \$25 administrative fee.
- No refunds will be issued for cancellations made less than five working days prior to the start of each camp/program.
- Any illness or injury prior to camp will be refunded the registration fee less a \$25 administrative fee.
- Full refund will be issued for medical reasons with a written doctor's note.
- No exceptions or refunds will be made for no-shows.

## Lunch (Optional, Fees Apply)

If your child is not participating in NAIT's lunch program they are required to bring a bagged lunch. Supervision is provided during lunch breaks. Lunch will be eaten in CAT Square. Children will be escorted to the lunch area by camp staff. For children with multiple allergies or intolerances, please provide a home prepared lunch.

**Note:** all menus are subject to change.

### Menu 1

**\$9.00/day + GST, June 29-July 3, July 13-17, July 27-31, Aug 10-14, Aug 24-28**

**Monday:** Fruit juice, sweet & sour chicken over rice, veggies & dip, Rice Krispie treat

**Tuesday:** Milk (2% or chocolate), mini cheddar perogies, ham & sour cream, grapes, Jell-O or pudding cup

**Wednesday:** Milk (2% or chocolate), BBQ beef and cheddar cheese sliders, cookies, apple or banana

**Thursday:** Milk (2% or chocolate), beef hard tacos, veggies & dip, nacho chips

**Friday:** Pop (no coke), assorted pizza, sliced watermelon, frozen ice cream treat

### Menu 2

**\$9.00/day + GST, July 6-10, July 20-24, Aug 4-7, Aug 17-21, Aug 31-Sept 4**

**Monday:** Fruit juice, ginger beef stir-fry over rice, veggies & dip, Rice Krispie treat

**Tuesday:** Milk (2% or chocolate), baked pasta bolognese, grapes, Jell-O or pudding cup

**Wednesday:** Milk (2% or chocolate), Swedish meatballs with buttered egg noodles, cookies, apple or banana

**Thursday:** Milk (2% or chocolate), crispy chicken & home fries, veggies & dip, chips

**Friday:** Pop (no coke), assorted pizza, sliced watermelon, frozen ice cream treat

## Gourmet Take Away

[gta.nait.ca](http://gta.nait.ca)

Let us take the worry out of 'what's for dinner.' Our team will prepare hearty and delicious meals for you to take home and heat at your convenience.

Order online at [gta.nait.ca](http://gta.nait.ca). Specify the date you would like your order, and 'summer camp' as your delivery instructions. Our team will deliver your order to the Gymnasium for you to pick up between 4:00-5:00 pm.

**For same day orders,** you must place your order before 1:00pm.

Payment can be made online using Visa or MasterCard.

# career pathway camps



## Culinary

Take your cooking and baking skills to the next level! From sweet treats to exotic dishes, and everything in-between – expand your scrumptious scope with the pros from NAIT culinary.

### Junior Bakers | 8-9, 10-11, 12-15 yrs

This camp will teach young bakers a variety of creative products that can be made at home. You will make delicious bakery products such as breads, cookies, muffins and cakes. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

**Note:** Campers will spend Tuesday - Friday morning **or** afternoon in the kitchen.

#### 4 day camp, \$304 [add \$36 + GST for lunch]

MCB1-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	8-9 yrs
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#### 5 day camp, \$380 [add \$45 + GST for lunch]

MCB2-1	Mon-Fri	July 6-10	8:30am-4:00pm	10-11 yrs
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MCB3-1	Mon-Fri	July 13-17	8:30am-4:00pm	12-15 yrs
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### Junior Chefs | 7-9, 10-12, 13-15 yrs

The culinary camp teaches young chefs some simple yet creative dishes that can be prepared at home, as well as some challenging dishes prepared in our industrial kitchen. Get your chef hat on as we journey around the globe making some classics with a twist. Take home what you have made that day and impress the family. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

#### 4 day camp, \$304 [add \$36 + GST for lunch]

MCF5-1	Tue-Fri	Aug 4-7	8:30am-4:00pm	10-12 yrs
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#### 5 day camp, \$380 [add \$45 + GST for lunch]

MCF1-1	Mon-Fri	July 6-10	8:30am-4:00pm	7-9 yrs
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MCF2-1	Mon-Fri	July 13-17	8:30am-4:00pm	10-12 yrs
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MCF3-1	Mon-Fri	July 20-24	8:30am-4:00pm	7-9 yrs
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MCF4-1	Mon-Fri	July 27-31	8:30am-4:00pm	13-15 yrs
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MCF6-1	Mon-Fri	Aug 10-14	8:30am-4:00pm	7-9 yrs
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MCF7-1	Mon-Fri	Aug 17-21	8:30am-4:00pm	10-12 yrs
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## Web, Gaming & Animation

If you're drawn to all things digital, you've come to the right place. Get lost in the world of coding, software and scripting to bring your stories, games and designs to life.

### Animation Camp | 9-11, 12-14 yrs

Create 2D cartoons and animations using computer animation software and other techniques. You will learn the basics of creating characters and making them move within a scene. At the end of the camp, take home a copy of your animations. The software used for this camp is Anime Studio Debut®. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

#### 5 day camp, \$320 [add \$45 + GST for lunch]

AM1-1	Mon-Fri	July 27-31	8:30am-4:00pm	9-11 yrs
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AM2-1	Mon-Fri	July 27-31	8:30am-4:00pm	12-14 yrs
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### Computer Game Design – Level One | 9-11, 12-14 yrs

Kick-start your child's game design pathway. Learn how to use Game Maker® to design a cool computer game. You'll take home a copy that you can play and share with friends and family. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

#### 5 day camp, \$320 [add \$45 + GST for lunch]

CG1-1	Mon-Fri	August 10-14	8:30am-4:00pm	9-11 yrs
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CG2-1	Mon-Fri	August 10-14	8:30am-4:00pm	12-14 yrs
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CG3-1	Mon-Fri	August 17-21	8:30am-4:00pm	9-11 yrs
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### Computer Game Design – Level Two | 9-14 yrs

This camp includes the beginning of code, variables, x-y-z coordinates, properties and the intro to building your first 3D games. Even Notch (aka Markus Persson), the creator of Minecraft®, had to learn some code. This camp will use Game Maker® software. Participants will also spend half the time in the recreational facilities, so bring swimwear, a towel and running shoes.

**Note:** NAIT's Computer Game Camp Level One or similar experience is required for this camp.

#### 5 day camp, \$320 [add \$45 + GST for lunch]

CG4-1	Mon-Fri	August 17-21	8:30am-4:00pm	9-14 yrs
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## Stop Motion Animation Camp | 9-11, 12-14 yrs

Create a one-minute stop motion video with material such as Lego, construction paper, Play-Doh and/or Post-it notes. Activities will include constructing the movie's characters, props and sets, shooting the video and editing. Group work will occur in the development and creation of the stop motion film. Each student will edit their own final version with sound effects and titles, using digital cameras, iMacs® and iMovie® software. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$320 (add \$45 + GST for lunch)

SM1-1	Mon-Fri	July 13-17	8:30am-4:00pm	9-11 yrs
SM2-1	Mon-Fri	July 13-17	8:30am-4:00pm	12-14 yrs

## Web Design Camp | 9-11, 12-14 yrs

Learn how to build a webpage and have fun doing it. Create simple webpages using pictures, videos and animations to make your website stand out. We will also explore some of the "best of the web" for kids. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$320 (add \$45 + GST for lunch)

WD1-1	Mon-Fri	July 20-24	8:30am-4:00pm	9-11 yrs
WD2-1	Mon-Fri	July 20-24	8:30am-4:00pm	12-14 yrs

# Film, Photography & Art

Lights, camera, action! Do you have a flair for art, photography or film? We're rolling out the red carpet for you to embark on a photo safari, perfect the art of drawing or produce your own short film.

## Art Attack Camp | 8-10, 9-12 yrs

If you love to draw or want to learn different art forms, then this camp is for you! Activities planned for the week include drawing, tie dye shirts, homemade bouncy balls, create your own comic book, bath bombs and many more fun filled art projects! Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

4 day camp, \$168 (add \$36 + GST for lunch)

ART1-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	8-10 yrs
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5 day camp, \$210 (add \$45 + GST for lunch)

ART2-1	Mon-Fri	July 27-31	8:30am-4:00pm	9-12 yrs
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## Digital Photography Camp | 9-11, 12-14 yrs

Capture your ideas on your digital camera and then transform those photos into creative projects that will dazzle your friends and family. This camp will cover the following topics: camera parts, exposure control, lighting techniques, composition, basic photo editing and manipulation, and ways to share your pictures. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

**Note:** Cameras are not supplied by NAIT nor is NAIT responsible for broken cameras. Participant's cameras will be handled by the instructor of the camp and will be stored during the activity component of the camp.

5 day camp, \$320 (add \$45 + GST for lunch)

DP1-1	Mon-Fri	July 20-24	8:30am-4:00pm	9-11 yrs
DP2-1	Mon-Fri	July 20-24	8:30am-4:00pm	12-14 yrs

## Film Makers Camp | 9-11, 12-14 yrs

Write and produce your own video. Bring your creativity and your acting skills to this camp and use easy-to-learn video editing software iMovie®, and Mini DV cameras to make your movie. Everyone will take a copy of their film home to amaze and entertain your friends and family. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$320 (add \$45 + GST for lunch)

FM1-1	Mon-Fri	July 6-10	8:30am-4:00pm	9-11 yrs
FM2-1	Mon-Fri	July 6-10	8:30am-4:00pm	12-14 yrs

## Graphic Editors Camp | 9-11, 12-14 yrs

Enjoy creating comics or digital artwork? Come learn about the leading industry software used for digital drawing painting and photo manipulation. Students will explore basic skills, tools and techniques to create their own work or to modify existing images. Participants will also spend half the time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$320 (add \$45 + GST for lunch)

PH1-1	Mon-Fri	August 10-14	8:30am-4:00pm	9-11 yrs
PH2-1	Mon-Fri	August 10-14	8:30am-4:00pm	12-14 yrs

## Magna/Anime Drawing Camp | 9-11, 12-14 yrs

This camp will cover the following topics: drawing tools, body and figure structure, facial expressions, body poses and movement, costumes, effects and shading techniques, and inking and colouring. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

On Saturday, August 8, camp participants will go on an all-day supervised field trip to Animethon 27 at the Edmonton Convention Centre. Animethon 27 is the longest running Japanese Anime Festival in Canada featuring the screening of videos, cosplay, an artist alley, vendors hall, art gallery, panels and other live events.

**Note:** Lunch only available for Tuesday – Friday. Please bring lunch on Saturday as participants are off campus at the Animethon. Saturday will start at 9:30am at the Edmonton Convention Centre.

5 day camp, \$320 [add \$36 + GST for lunch]

MA1-1	Tues-Sat	August 4-8	8:30am-4:00pm	9-11 yrs
MA2-1	Tues-Sat	August 4-8	8:30am-4:00pm	12-14 yrs

## Architecture & Design

Calling all aspiring city planners, up-and-coming builders and interior design enthusiasts! Put on your creativity caps and get ready to explore your visions of architecture, design and city planning.

### Design Your World Camp | 11-14 yrs

Through hands-on learning, technology, outdoor classrooms and tons of fun, experience the field of landscape architecture and how it affects our daily lives. Focus will be on creative activities, problem solving and understanding how the design of our public spaces affects how we feel. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$250 [add \$45 + GST for lunch]

DYW1-1	Mon-Fri	August 10-14	8:30am-4:00pm	11-14 yrs
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### Youth In Design Camp | 10-14 yrs

Are you interested in interior design and architecture? Do you want to learn how colours and objects work together to make rooms in your home, school and other buildings beautiful? Join us for this four-day camp and explore a career in design. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

4 day camp, \$215 [add \$36 + GST for lunch]

GD1-1	Tues-Fri	August 4-7	8:30am-4:00pm	10-14 yrs
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## Engineering & Discovery

Simulators? Check. Problem solving? Check. Exploration? Double check. Dive deep into the how and why of things through research and hands-on activities with NAIT's own Engineering Technologists.

### Engineering Explorers Camp | 11-14 yrs

Team up with a series of NAIT Engineering Technology programs to solve real-world problems using techniques and applications related to Science, Technology, Engineering and Math, all in a fun and competitive environment. Design thinking will be featured as participants define problems, ideate and prototype solutions and then test their innovative products and ideas.

5 day camp, \$295 [add \$45 + GST for lunch]

SE1-1	Mon-Fri	August 17-21	8:30am-4:00pm	11-14 yrs
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## Tools & Tech

Love working with your hands? Construct, cut, weld, measure, operate, repair and build your way to an experience in Skilled Trades.

### Exploring Skilled Trades Camp | 11-14 yrs

Experience several hands-on activities in the skilled trades, and learn about the materials and science behind mechanical leverage. Campers will need to bring safety gloves, but all other personal protective equipment will be provided. Get ready to walk a steel beam, bend iron, build a car, operate a crane and reset a powerline, among other activities. Take home your creations and impress your friends and family.

5 day camp, \$295 [add \$45 + GST for lunch]

ST1-1	Mon-Fri	July 20-24	8:30am-4:00pm	11-14 yrs
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### Journey Girls (girls only) | 11-14 yrs

This all girls camp provides an opportunity to experience several hands-on activities in the skilled trades. Each day of camp, you will explore a different trade, using tools and materials from that trade to design and build your own creations. Campers will need to bring safety gloves, but all other personal protective equipment will be provided. Take home your creations and impress your family and friends. Participants will also spend time in the recreational facilities, so bring swimwear, a towel and running shoes.

5 day camp, \$295 [add \$45 + GST for lunch]

JG1-1	Mon-Fri	July 20-24	8:30am-4:00pm	11-14 yrs
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# recreation camps



If you like active fun, try our recreation camps! From mini paintball to skateboarding and bowling to laser tag, we have awesome activities for every age group.

## Fun Fitness (boys only) | 9-12 yrs

This camp is geared towards boys who want to build up their self-confidence in a wide variety of physical activities. Some of these include boxing, gymnastics, rock climbing, Fitset Ninja and a trip to Jump 360 Trampoline Park, plus other fun-filled games throughout the week. One day will be spent in the river valley for a nature walk/hike.

4 day camp, \$192 (add \$36 + GST for lunch)

FF2-1	Tues-Fri	August 4-7	8:30am-4:00pm	9-12 yrs
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5 day camp, \$240 (add \$45 + GST for lunch)

FF1-1	Mon-Fri	July 13-17	8:30am-4:00pm	9-12 yrs
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## G-Force (girls only) | 10-14 yrs

This camp is designed to challenge girls perceptions of themselves and what it means to be female. You will have an opportunity to take part in activities that will improve confidence, body image and inner strength while learning the importance of slowing down and creating balance. Highlights for the camp include rock climbing, self-defense, yoga, relaxation, a trip to Jump 360 Trampoline Park, nutritional advice, a session with a Sephora representative and many team building activities and games.

5 day camp, \$240 (add \$45 + GST for lunch)

GF1-1	Mon-Fri	July 13-17	8:30am-4:00pm	10-14 yrs
GF2-1	Mon-Fri	August 17-21	8:30am-4:00pm	10-14 yrs

## Mini Ooks | 5-6, 7-8 yrs

Younger campers will enjoy the great facilities at and around NAIT all week long, including swimming, indoor and outdoor games and exploring their creative side with arts and crafts. Thursday afternoon will be spent on an exciting field trip to Jump 360 Trampoline Park or Amazone Playzone.

4 day camp, \$140 (add \$36 + GST for lunch)

M01-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	5-6 yrs	●
M02-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	7-8 yrs	●
M11-1	Tues-Fri	August 4-7	8:30am-4:00pm	5-6 yrs	●
M12-1	Tues-Fri	August 4-7	8:30am-4:00pm	7-8 yrs	●

## Mini Ooks continued

### 5 day camp, \$175 (add \$45 + GST for lunch)

M03-1	Mon-Fri	July 6-10	8:30am-4:00pm	5-6 yrs	●
M04-1	Mon-Fri	July 6-10	8:30am-4:00pm	7-8 yrs	●
M05-1	Mon-Fri	July 13-17	8:30am-4:00pm	5-6 yrs	●
M06-1	Mon-Fri	July 13-17	8:30am-4:00pm	7-8 yrs	●
M07-1	Mon-Fri	July 20-24	8:30am-4:00pm	5-6 yrs	●
M08-1	Mon-Fri	July 20-24	8:30am-4:00pm	7-8 yrs	●
M09-1	Mon-Fri	July 27-31	8:30am-4:00pm	5-6 yrs	●
M10-1	Mon-Fri	July 27-31	8:30am-4:00pm	7-8 yrs	●
M13-1	Mon-Fri	August 10-14	8:30am-4:00pm	5-6 yrs	●
M14-1	Mon-Fri	August 10-14	8:30am-4:00pm	7-8 yrs	●
M15-1	Mon-Fri	August 17-21	8:30am-4:00pm	5-6 yrs	●
M16-1	Mon-Fri	August 17-21	8:30am-4:00pm	7-8 yrs	●

● Includes trip to Amazone Playzone | ● Includes trip to Jump 360

## Multi-Sports Camp | 8-12 yrs

Come join us in these fun-filled recreation camps as we explore different sports, games and activities. Participants will get a chance to play 3-on-3 basketball, volleyball, football and soccer. These are just a few of the activities planned for the week. Remember to bring swimwear and a towel as participants will also enjoy some pool time throughout the week.

### 4 day camp, \$140 (add \$36 + GST for lunch)

MS1-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	8-12 yrs
MS6-1	Tues-Fri	August 4-7	8:30am-4:00pm	8-12 yrs

### 5 day camp, \$175 (add \$45 + GST for lunch)

MS2-1	Mon-Fri	July 6-10	8:30am-4:00pm	8-12 yrs
MS3-1	Mon-Fri	July 13-17	8:30am-4:00pm	8-12 yrs
MS4-1	Mon-Fri	July 20-24	8:30am-4:00pm	8-12 yrs
MS5-1	Mon-Fri	July 27-31	8:30am-4:00pm	8-12 yrs
MS7-1	Mon-Fri	August 10-14	8:30am-4:00pm	8-12 yrs
MS8-1	Mon-Fri	August 17-21	8:30am-4:00pm	8-12 yrs

## Rad Camp Extreme | 8-12 yrs

If you love active fun, this camp is for you! Some of the activities include mini paintball, skateboarding, Fitset Ninja, laser tag, rock climbing and a trip to Jump 360 Trampoline Park. The week ends with the day spent at the West Edmonton Mall World Waterpark.

**Note:** Skateboards, rollerblades, helmets and protective gear will not be provided. Lunch option is available for on-campus days in the afternoon on Tuesday and Thursday (\$9/day + GST).

### 4 day camp, \$248 (add \$9 + GST for lunch - Thursday only)

RAD1-1	M,T,Th,F	June 29-July 3	8:30am-4:00pm	8-12 yrs
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### 5 day camp, \$310 (add \$18 + GST for lunch - Tuesday and Thursday only)

RAD2-1	Mon-Fri	July 6-10	8:30am-4:00pm	8-12 yrs
RAD3-1	Mon-Fri	July 13-17	8:30am-4:00pm	8-12 yrs
RAD4-1	Mon-Fri	July 20-24	8:30am-4:00pm	8-12 yrs
RAD5-1	Mon-Fri	July 27-31	8:30am-4:00pm	8-12 yrs
RAD6-1	Mon-Fri	August 10-14	8:30am-4:00pm	8-12 yrs
RAD7-1	Mon-Fri	August 17-21	8:30am-4:00pm	8-12 yrs

## Sport Olympics | 8-10 yrs

This camp is designed for the Olympic sport enthusiast. Each day you will participate in an Olympic team sport with a tournament set up for the afternoon. Team sports include volleyball, basketball, soccer, floor hockey, badminton, and handball. Time will also be spent in our swimming pool, so bring swimwear along with your running shoes.

### 5 day camp, \$175 (add \$45 + GST for lunch)

S01-1	Mon-Fri	July 20-24	8:30am-4:00pm	8-10 yrs
S02-1	Mon-Fri	August 17-21	8:30am-4:00pm	8-10 yrs

## Street Performers | 6-8, 9-12 yrs

Get ready to perform on center stage at this week-long camp of drama, miming, singing, dancing and tricks. We will make masks, practice face painting and create skits in NAIT's very own Shaw Theatre. Group games, team activities and swimming are also part of this dramatic experience. There will a performance on Thursday where kids will show off their skills and parents are welcome. The week wraps up with a day trip to the Edmonton Street Performers Festival.

### 5 day camp, \$185 (add \$45 + GST for lunch)

SP1-1	Mon-Fri	July 6-10	8:30am-4:00pm	6-8 yrs
SP2-1	Mon-Fri	July 6-10	8:30am-4:00pm	9-12 yrs

# sports camps



A combination of games and other activities with a focus on fundamental movement and skill development.

## Badminton Camp | 10-12, 13-15 yrs

Have fun while improving your badminton skills at this action-packed camp. This camp will be split into two groups for athletes aged 10-12 and 13-15. Under the direction of qualified NCCP certified instructors, including coaches and players of the nationally-ranked NAIT Oaks badminton team, you will enjoy badminton technical training, match play analysis and numerous related recreational activities. The camp will end with a tournament where prizes will be awarded.

5 day camp, \$250 [add \$45 + GST for lunch]

BAD1-1	Mon-Fri	July 27-31	9:00am-4:00pm	10-12 yrs
BAD2-1	Mon-Fri	July 27-31	9:00am-4:00pm	13-15 yrs

## Volleyball/Basketball Combo Camp | 8-12, 12-16 yrs

This camp is designed for the sport enthusiast who wants to learn something about each sport. The morning session will involve basketball and the fundamentals for both offensive and defensive skills while developing towards team principles. The afternoon will be the volleyball session with the focus on individual skill development leading to team play.

**Note:** All participants will receive a NAIT t-shirt to take home with them.

4 day camp, \$240 [add \$36 + GST for lunch]

BVB1-1	Tues-Fri	August 4-7	9:00am-4:00pm	12-16 yrs
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5 day camp, \$300 [add \$45 + GST for lunch]

BVB2-1	Mon-Fri	August 10-14	9:00am-4:00pm	8-12 yrs
BVB3-1	Mon-Fri	August 24-28	9:00am-4:00pm	12-16 yrs
BVB4-1	Mon-Fri	Aug 31-Sept 4	9:00am-4:00pm	8-12 yrs

# NAIT Ooks Hockey Camps

## Important information for hockey camp parents

Please bring your waiver/emergency contact form on the first day of camp.

**Note:** forms sent in prior to camp via email will not be accepted.

- Full equipment is required for all hockey camps.
- Each participant will receive a NAIT Ooks hockey jersey.
- Participants also require off-ice attire for both indoor and outdoor activities (i.e. running shoes, t-shirt, hat, shorts, swimwear-towel, insect repellent, sunscreen.)
- Parents/guardians are expected to ensure players are dressed and ready for their first ice time of the day.
- Sign in and sign out is required by parent or guardian on a daily basis.
- For on-ice sessions, we strive to maintain a 5:1 participant to instructor ratio.
- **Goalies:** 50% discount, but must wear goalie equipment during on-ice skill sessions and no formal instruction will be provided. Two goalies per camp will be accepted.
- Lunch is included in hockey camp registration fee, which is provided by *eat AT NAIT* for all participants. Full menu can be found on page 5. Packing a few daily snacks is recommended.

## Total Hockey Development

### Power Skating

Skating is an essential skill for hockey; it is the fundamental from which all other skills are built. These skating sessions will include edge work, stride, stops and starts, backward skating, turns, pivots and related skills. Instruction will be age/level appropriate.

**Note:** parents/guardians are expected to ensure players are dressed and ready for their first ice time.

### On-Ice Skills

These sessions will cover the additional fundamentals of hockey: puck control, passing and shooting. Players will be given an opportunity to learn and apply these skills into game tactics and play. It is important that participants enjoy their learning experience; having fun will be a priority. The week will finish with a scrimmage on Friday.

**Note:** staff are available to assist players in getting ready for the on-ice skills.

### Off-Ice Activities

A combination of games and other activities with a focus on fundamental movement. Participants will have the opportunity to swim twice during the week of camp.

## Week 1

5 day camp, \$400 (lunch included)

2 ice sessions and off-ice activities - maximum 22 skaters and 2 goalies

NOV1	Mon-Fri	July 20-24	9:00am-2:15pm	under 9 yrs
ATO1	Mon-Fri	July 20-24	10:00am-3:45pm	under 11 yrs

## Week 2

5 day camp, \$400 (lunch included)

2 ice sessions and off-ice activities - maximum 22 skaters and 2 goalies

NOV2	Mon-Fri	July 27-31	9:00am-2:15pm	under 9 yrs
ATO2	Mon-Fri	July 27-31	10:00am-3:45pm	under 11 yrs

## Week 3

4 day camp, \$350.00 (lunch included)

2 ice sessions and off-ice activities - maximum 22 skaters and 2 goalies

NOV3	Tues-Fri	August 4-7	9:00am-3:00pm	under 9 yrs
ATO3	Tues-Fri	August 4-7	10:00am-4:00pm	under 13 yrs

## Week 4

5 day camp, \$450 (lunch included)

2 ice sessions and off-ice activities - maximum 22 skaters and 2 goalies

NOV4	Mon-Fri	August 10-14	9:00am-2:00pm	under 9 yrs
ATO4	Mon-Fri	August 10-14	10:15am-3:15pm	under 11 yrs
PWE1	Mon-Fri	August 10-14	11:30am-4:30pm	under 13 yrs

## Week 5

5 day camp, \$450 (lunch included)

2 ice sessions and off-ice activities - maximum 22 skaters and 2 goalies

NOV5	Mon-Fri	August 17-21	9:00am-2:00pm	under 9 yrs
ATO5	Mon-Fri	August 17-21	10:15am-3:15pm	under 11 yrs
PWE2	Mon-Fri	August 17-21	11:30am-4:30pm	under 13 yrs

**Novice (NOV) - Under age 9**

**Atom (ATO) - Under age 11**

**Peewee (PWE) - Under age 13**



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To register, visit

[nait.ca/youthcamps](http://nait.ca/youthcamps)

