

LOOK FOR THESE IDENTIFIERS WITHIN YOUR CAFÉ!



FIT+

Identifies the most nutritious choices on our menus.



Local

Ingredients that are grown or produced within province.



Made without Gluten

Prepared without the use of gluten-containing ingredients.



Cage Free Eggs

Cage free eggs are used. Includes free run and free-range eggs.



Vegan

Does not contain any ingredients that come from animals.



Vegetarian

Does not contain meat, poultry, or fish but may, or may not, contain dairy, eggs, and/or honey.



Plant-Forward

Emphasizes plant-based foods but is not limited to them.



Whole Grain

Made with or containing whole unprocessed grain.



Halal

Contains meat or poultry with third-party Halal certification.



Sustainable Seafood

Seafood from resilient and responsibly operated supply chains.

Questions? Feel free to reach out to our on site manager or chef!

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